

BUNGA TELANG BINGKA (BIKA) AMBON



INGREDIENTS

INGREDIENT A

2 tbsp	Prima Plain Flour Plus
100ml	Warm Water
1 tsp	Instant Yeast

INGREDIENT B

100g	Prima Plain Flour Plus
300ml	Coconut Milk
1 tsp	Salt
150g	Sugar
220g	Tapioca Flour
7 nos	Whole Egg
1 tbsp	Butterfly Pea Flower Extract

COCONUT FILLING

1 tbsp	Prima Plain Flour Plus
50g	Fresh Durian Puree
50g	Gula Melaka
200ml	Water
100ml	Coconut Cream

PROCEDURE

- 1. Mix Ingredient A and set aside yeast mixture for 15 minutes.
- 2. In a mixing bowl, combine Ingredient B and mix well.
- Add in yeast mixture and mix till combined. Leave batter aside for 2 hours in a warm place.
- 4. Heat mould on low heat and fill it to 3/4 full with batter. Once little holes/pock marks start to form on the surface of the kuih bingka, cover the mould.
- 5. Mix the butterfly pea flower extract with 50ml of the batter. Drizzle some on the surface of kuih bingka and continue to cook for a few minutes.

DURIAN SAUCE

- 1. Heat pot on low heat, melt gula melaka in water.
- 2. Add coconut cream and Prima Plain Flour Plus, whisk thoroughly until it thickens.
- 3. Add in durian puree and mix till combined.

Recipe by Chef Ambrose

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