

COLOURFUL PINEAPPLE TARTS



INGREDIENTS

PINEAPPLE JAM

3kg	Pineapples, peel and de-eyed
500g	Sugar
4 nos	Cloves
1 no	Cinnamon Stick

TART DOUGH

250g	Prima Hong Kong Flour
170g	Unsalted Butter, cut into cubes
½ tsp	Salt
1 no	Whole Egg, lightly beaten
1 tsp	Vanilla Essence

PROCEDURE

PINEAPPLE JAM

- 1. Chop and blend pineapples. Discard the juice using a sieve.
- 2. In a pan, cook pineapple, sugar, cloves and cinnamon stick until it turns thick and dry. The jam-like consistency should be moist and easy to roll into small pineapple balls.

TART DOUGH

- 1. In a bowl, mix Prima Hong Kong Flour, butter and salt, rub the butter cubes into the flour till it resembles crumbs.
- 2. Add egg and vanilla essence, mix until dough is formed.
- 3. Let it rest for 30 minutes in the fridge.
- 4. Roll out dough to a thickness of 5cm and cut into desired shapes. Place the pineapple jam in the middle and decorate with pastry flower.
- Brush the tarts with egg wash. Preheat oven to 170°C and bake until the tarts are light brown.